

NIKKEN® Kenzen™ Wellness Daily Nutrition Packs

QUICK REFERENCE SHEET

A typical diet may not include all the variety of vitamins and minerals recommended for good health. Men and women also have separate nutritional needs.

Kenzen Wellness Daily Nutrition Packs, Josei (for women) and Dansei (for men) are like a form of nutritional insurance. In addition, each includes targeted, specific support for men's or women's nutritional concerns, and both offer omega fatty acids also recommended for daily consumption.

- A new concept in daily nutrition
- A wide range of vitamins, minerals and nutrients
- Whole-foods nutrition
- Targeted for men and women
- Tri-Omega blend
- Vcaps™ vegetable non-gelatin capsules
- Convenient daily-serving packets
- Cost-effective
- Kosher certified



Kenzen Wellness Daily Nutrition Packs	Wellness Pyramid
<p>Dansei (Men) Daily Nutrition Pack</p> <ol style="list-style-type: none"> Multivitamin/mineral with Whole Foods Complex and digestive enzymes ProstaPlus with Oxidative Defense Tri-Omega <p>Josei (Women) Daily Nutrition Pack</p> <ol style="list-style-type: none"> Multivitamin/mineral with Whole Foods Complex and digestive enzymes Isoflavone Plus with Oxidative Defense Tri-Omega 	<p>The Nikken Nutrition Philosophy</p> <p>Hippocrates, the father of medical science, said, "Let food be your medicine." Nikken Kenzen Wellness nutrition is based on the principle that natural, whole foods are the ideal source of the nutrients your body was designed to consume. They are "living foods" in the sense that healthy, natural nutrition supports normal physical function, contributes fuel for energy, and helps the body defend itself against illness, aging and environmental challenge.</p> <div style="display: flex; align-items: center; justify-content: center;"> <div style="margin-right: 20px;"> <p>KENZEN™ WELLNESS REINFORCEMENT</p> <p>KENZEN™ WELLNESS BODY BALANCE</p> <p>KENZEN™ WELLNESS DAILY NUTRITION</p> <p>KENZEN™ WELLNESS BASICS</p> </div> <div style="margin-left: 20px;"> <p>A - Targeted for specific wellness concerns</p> <p>B - Designed to support fitness, weight management</p> <p>C - A comprehensive nutritional program</p> <p>D - The foundation of your nutrition regimen</p> </div> </div>

Kenzen Wellness Daily Nutrition features and benefits:

- *Specialized for men and women* Two systems, each developed to address the specific health profiles of men or women.
- *Multivitamin/mineral* Offers 19 vitamins and minerals recommended for daily consumption.
- *Nikken Whole Foods Complex* Produced from whole foods to preserve more nutrients.
- *Isoflavone Plus for women* Offers soy isoflavones, natural herbs and other ingredients associated with maintaining stable levels of vitamins and antioxidants.
- *ProstaPlus for men* Offers natural herbs and plants such as saw palmetto, zinc and Pygmeum africanum.
- *Oxidative Defense Complex* Free-radical-fighting compounds to help the body resist aging.
- *Tri-Omega softgel* Omega-3 and Omega-6 fatty acids, recommended for daily consumption.
- *Daily-use packets* Makes following a nutrition program simple, eliminates guesswork and keeps each serving fresh.

NIKKEN® Kenzen™ Wellness Daily Nutrition Packs

QUICK REFERENCE SHEET

The facts

- Some studies indicate a significant percentage of the population does not receive all the nutrients recommended for good health.
- Daily multivitamins have been recommended for all adults.
- Kenzen Wellness Daily Nutrition Packs help ensure daily good nutrition.
- Kenzen Wellness is a system that eliminates the need to purchase multiple vitamin and mineral products.
- The convenient, daily-use packets can go anywhere and make staying on a wellness program easy to do.
- Kenzen Wellness offers whole-foods nutrition, like Jade GreenZymes™. Add both to a daily nutrition regimen.
- Kenzen Wellness is a foundation for daily nutrition and can be augmented by Nikken Bio-Directed™ nutrition products to address specific health profiles.



Supplement Facts (Men)	
Serving Size: One Packet	
Servings per Container: 30	
Amount per Packet	% Daily Value
Vitamin A (as 81% beta-carotene, ethyl palmitate) 7750 IU	155%
Vitamin C (as calcium ascorbate, ascorbic acid) 500 mg	833%
Vitamin D (as cholecalciferol) 200 IU	50%
Vitamin E (as d-alpha-tocopheryl succinate, 180 IU mixed natural tocopherol)	600%
Vitamin K (as phytonadione) 20 mcg	25%
Thiamin (as mononitrate) 5 mg	333%
Riboflavin 5 mg	294%
Niacinamide 60 mg	300%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate) 15 mg	750%
Folic Acid 800 mcg	200%
Vitamin B12 (as cyanocobalamin) 700 mcg	11,666%
Biotin 300 mcg	100%
Pantothenic Acid (as calcium pantothenate) 30 mg	300%
Calcium (as calcium ascorbate, calcium pantothenate) 22 mg	2%
Iodine (as potassium iodide) 150 mcg	100%
Magnesium (as magnesium oxide, magnesium citrate) 100 mg	50%
Zinc (as zinc amino acid chelate) 30 mg	200%
Selenium (as selenium amino acid complex) 200 mcg	288%
Copper (as copper citrate) 2 mg	100%
Manganese (as manganese citrate) 2 mg	100%
Chromium (as chromium polynicotinate) 100 mcg	83%
Choline (as bitartrate) 100 mg	*
Bromelain 50 mg	*
N-Acetyl-L-Cysteine 50 mg	*
Alpha Lipoic Acid 10 mg	*
Lycopene 1 mg	*
Lutein 0.75 mg	*
Whole Foods Complex: 237 mg	*
Beet Root	*
Broccoli Plant	*
Cabbage Plant	*
Carrot Root	*
Celery Seed	*
Parsley Leaf	*
Spinach Leaf	*
Tomato Fruit	*
Apple Pectin	*
Papaya Leaf	*
Digestive Enzymes (as amylase, protease, lipase, cellulase)	*
ProstaPlus Complex: 735 mg	*
Green Tea Leaf Extract (50% polyphenols)	*
Saw Palmetto Berry Extract (25% fatty acid sterols)	*
Alpha Lipoic Acid	*
Taurine	*
Glycine	*
Grape Seed Extract	*
Glutamine	*
Pygeum Bark Extract	*
Turmeric Root	*
Glutathione (reduced)	*
Tri Omega Proprietary Blend: 750 mg	*
Marine Fish Oil	*
High Lignan Flax Seed Oil	*
Borage Seed Oil	*

Supplement Facts (Women)	
Serving Size: One Packet	
Servings per Container: 30	
Amount per Packet	% Daily Value
Vitamin A (as 81% beta-carotene, ethyl palmitate) 7750 IU	155%
Vitamin C (as calcium ascorbate, ascorbic acid) 500 mg	833%
Vitamin D (as cholecalciferol) 200 IU	50%
Vitamin E (as d-alpha-tocopheryl succinate, 180 IU mixed natural tocopherol)	600%
Vitamin K (as phytonadione) 20 mcg	25%
Thiamin (as mononitrate) 5 mg	333%
Riboflavin 5 mg	294%
Niacinamide 60 mg	300%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate) 20 mg	750%
Folic Acid 800 mcg	200%
Vitamin B12 (as cyanocobalamin) 700 mcg	11,666%
Biotin 300 mcg	100%
Pantothenic Acid (as calcium pantothenate) 30 mg	300%
Calcium (as calcium ascorbate, calcium pantothenate) 22 mg	2%
Iodine (as potassium iodide) 150 mcg	100%
Magnesium (as magnesium oxide, magnesium citrate) 200 mg	50%
Zinc (as zinc amino acid chelate) 15 mg	200%
Selenium (as selenium amino acid complex) 200 mcg	288%
Copper (as copper citrate) 2 mg	100%
Manganese (as manganese citrate) 2 mg	100%
Chromium (as chromium polynicotinate) 100 mcg	83%
Choline (as bitartrate) 100 mg	*
Bromelain 50 mg	*
N-Acetyl-L-Cysteine 50 mg	*
Alpha Lipoic Acid 10 mg	*
Lycopene 1 mg	*
Lutein 0.75 mg	*
Whole Foods Complex: 237 mg	*
Beet Root	*
Broccoli Plant	*
Cabbage Plant	*
Carrot Root	*
Celery Seed	*
Parsley Leaf	*
Spinach Leaf	*
Tomato Fruit	*
Apple Pectin	*
Papaya Leaf	*
Digestive Enzymes (as amylase, protease, lipase, cellulase)	*
Isolavone Plus Complex: 740 mg	*
Green Tea Leaf Extract (50% polyphenols)	*
Cranberry	*
Fenugreek Seed	*
Dong Quai Root	*
Soy Isoflavones (40% isoflavones) from non-GMO (Glycine Max)	*
Red Clover Extract (1% isoflavones)	*
Alpha Lipoic Acid	*
Grape Seed Extract	*
Glutathione (reduced)	*
N-Acetyl-L-Cysteine	*
Tri Omega Proprietary Blend: 750 mg	*
Marine Fish Oil	*
High Lignan Flax Seed Oil	*
Borage Seed Oil	*

Other Ingredients: hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide.

PRODUCT INFORMATION

ITEM CODE	DESCRIPTION	SUGGESTED RETAIL
#1553	Kenzen Wellness Daily Nutrition Packs - Dansei (Men) 30-day supply	\$80.00 US
#1552	Kenzen Wellness Daily Nutrition Packs - Josei (Women) 30-day supply	\$80.00 US
#1379	Kenzen Wellness Daily Nutrition Packs - Dansei (Men) 30-day supply	\$93.00 CN
#1378	Kenzen Wellness Daily Nutrition Packs - Josei (Women) 30-day supply	\$93.00 CN

AVAILABILITY

US: YES CN: YES

FEATURED NIKKEN TECHNOLOGY

Kenzen Wellness technology, Whole Foods Complex with digestive enzymes, Isoflavone Plus, ProstaPlus, Oxidative Defense Complex, Tri-Omega

HOW TO USE

Take the contents of one single-serving packet every day with eight ounces of PiMag™ water.

SHELF LIFE

Unopened packets will retain freshness and potency for two years.

Quick Sharing Tips

- Daily nutrition is very important for health. It not only gives you the energy you need — it also helps support all of the body's systems, and can help you stay healthy, resist illness, prevent premature aging and more.
- The ideal nutrition system is one that helps ensure you are getting essential vitamins and minerals you need. Kenzen Wellness was developed for precisely this reason.
- Whole-foods nutrition is a natural approach — it uses the entire food. It is nutrition the way nature intended, to give your body what it needs.